**Theatre etiquette**

* Pre-performance
	+ arrive early
		- mostly get makeup and hair done
	+ sign in
		- cannot leave area once signed it
		- just in case of an emergency such as fire alarm or last minute call to retouch
	+ don't come out in costume or make up
	+ practice
	+ welling being such as eat, drink and listening to chill music
* backstage
	+ no talking
		- distracts the dancers from being mentally prepared
		- distracts the audience from the performance
	+ no running around
		- can cause loud noises
	+ no coat hangers around
		- a safety hazard towards the dancers
	+ peeking through the stage set
* props
	+ don't touch unless you're using it
	+ pre-set the prop if you're currently using it
	+ don't throw or damage the prop
	+ don't place the props in an area where the audience can see or the dancers can get hurt
* warm-up
	+ jump and circulate blood around the body
	+ do warm-ups that are constantly moving -> yoga
	+ practice the dance
	+ incorporate movement relevant to your dance