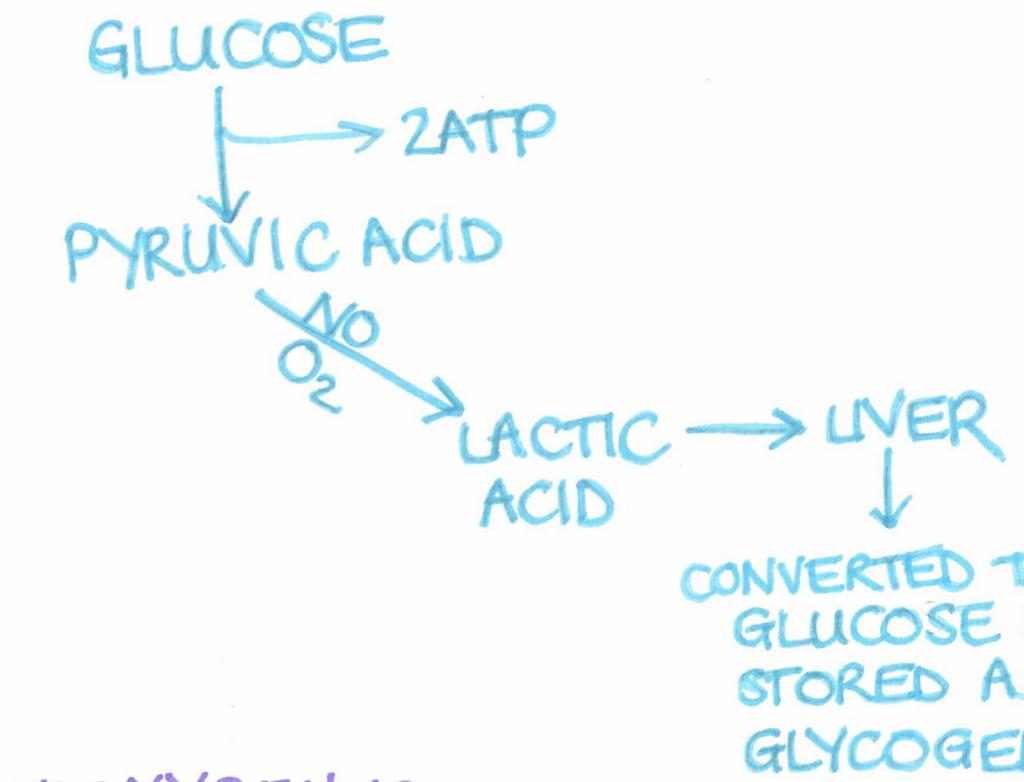


PRIMARY RESPIRATORY SUBSTRATE



\* BREAKING DOWN NUTRIENTS IN FOOD TO RELEASE ENERGY \*

- \* TAKES PLACE IN THE CYTOPLASM
- \* NO OXYGEN REQUIRED
- \* 2 ATP PRODUCED



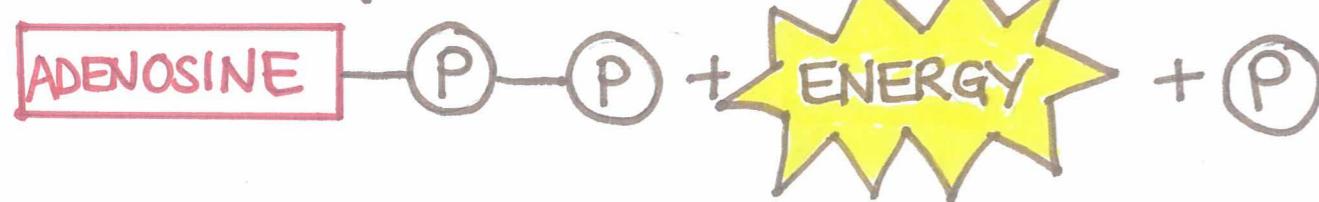
ATP = ADENOSINE TRIPHOSPHATE



INORGANIC PHOSPHATES

} ENERGY IS STORED IN THE BONDS BETWEEN PHOSPHATES

WHEN THE BONDS BREAK, ENERGY IS RELEASED



- \* OXYGEN IS ESSENTIAL
- \* 38 ATP PRODUCED

